

## **Testimonials algonix - patients**

### **Herrmann Pallaske, 63 years, Unterpleichfeld, Germany**

„One year ago, while I was pruning the hedge, a terrible pain suddenly hit my left shoulder. I really had to stop short for five minutes until the pain faded away somewhat. Since then this burning pain kept coming back everytime I wanted to lift my arm sideways. The pain was so strong, that it simply made my arm fall down. I could not even put my jacket on. In addition, the pain appeared at night, so that I constantly awakened from it and could not go back to sleep.

My GP adjusted my vertebrae, which did not help at all. On the contrary: The situation got worse instead. An orthopedist then diagnosed a calcium deposit inside the shoulder. He prescribed twelve physiotherapy sessions with electrotherapy and five shock wave treatments to destroy the calcium deposit. All of this did not help. Another doctor gave me homeopathic shots, which did not have any effect, either.

This doctor then made contact with medilab for me to try the algonix treatment. When I went there for the first time, I was at pain level 7. After the first treatment I did not notice any difference. After the second treatment I was at pain level 5 and the nightly pain had disappeared completely. After every treatment the pain is at first slightly worse, but then it gets continuously better. Today I had my sixth treatment and I am now on pain level 3.

Now I can put my jacket on without help, lift my arm sideways with only little pain and move my hand to the back. All in all the mobility is just much better. I can recommend this treatment to everybody. It does not hurt and – in contrast to the shock wave treatment – it is very pleasant. I will certainly tell my orthopedist about algonix.“

### **Elke Halbig, 54 years, Lauda-Königshofen, Germany**

“In 2002 I suffered a herniated disk L5/S1, which was treated with pain killers and infusions. Since then I was in back pain, sometimes more, sometimes less.

At the beginning of February 2004 I had severe problems with my left shoulder. I could no longer move it, in spite of strong pain killers and physiotherapy. Thereupon I consulted medilab GmbH, Estenfeld, where I received a course of seven treatment sessions with algonix.

After the third treatment, the pain subsided considerably, after the sixth treatment I could move my shoulder again, without pain or restrictions. My back was treated during this time as well and the back pain subsided, too.

Even the problems on both of my hands, with tunnel pain and stiff fingers, improved considerably during the shoulder treatment. Neurologists had told me before that I would have to have surgery for that. The pain resolved, I can move my fingers and have not had surgery to this day.

Due to a „silly“ movement I was in severe back pain again in mid January 2005. This time it was not caused by a herniated disk. I could no longer move my left leg forward when walking nor could I sit, but only lie down. The pain was unbearable, in spite of very strong pain killers, injections and infusions, which I received for three months. The muscle mass on my left thigh has therefore diminished, so that my left leg is considerably thinner than the right one. Since April 25<sup>th</sup> 2005 I am again having treatment at medilab with algonix and physiotherapy at the same time. After the third treatment I was free of pain, I can sit and walk again without pain – what a great feeling!”

### **Beate Zawadowicz, 41 years, Würzburg, Germany**

„Due to a shoulder obliquity and accumulated liquid under the rotator cuff, my right shoulder was irritated constantly. In 2006 this constant irritation resulted in persistent pain.

I received physiotherapy, which did not achieve much. Cortisone treatments brought short-term decreases of pain, but 3 to 4 month afterwards at the latest the pain was back.

In the summer of 2007 I learned about the treatment with algonix and decided to give it a try. The first four treatments did not help me at all, I even had the impression that the pain was becoming worse. However, after three more treatments in autumn 2007 – additionally I received physiotherapy – the pain was completely gone and it staid gone until today. Sometimes I may feel a slight tweak when stretching my arm far upwards, but compared to before, this is nothing. On me, the algonix treatment had a very positive effect“.

### **Johanna Schumann, 60 years, Gerchsheim, Germany**

„I have arthrosis in both of my knees. Every time I got up from sitting or when I walked down the stairs I was in pain. In September 2004 I went to a rehabilitation centre where I was recommended to get an artificial knee joint. However, I was told to wait for a new model, which was supposed to come onto the market a year or a year and a half later.

In the meantime my daughter found out about the algonix treatment. Since I did not have to take any medication for this treatment and it does not have any side effects, I decided to give it a try. Since 2005 I have been getting regular algonix treatments and they helped a great deal. I now have hardly any pain in my knees. The pain does not vanish completely, but since the beginning of the treatments I do not have to take pain killers any more.

Additionally, I have arthrosis and the carpal tunnel syndrome in both of my wrists. The algonix treatment had a very positive effect on these disorders, too. I enjoy knitting and at present I am able to knit like I could not for 20 years!

I can honestly recommend this treatment to everybody.“

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**Reinhard Oppel, 54 years, Würzburg, Germany**

„In October 2007 I had surgery on the left knee (meniscus). The surgery went quick and without any pain. About two weeks later I had a permanent pain in the knee. I tried to suppress it with pills for four weeks, but after a while, the pills upset my stomach.

I learned from a friend that there was a device called algonix, which uses a method to resolve pain fundamentally, without drugs and without side effects.

I received treatments at medilab. After only one treatment the pain eased up and after the sixth treatment I was completely free of pain.

Today I can ski and ride my bike without any problems. I can really recommend the treatment with algonix.”

**Lieselotte Böhm, 79 years, Gerbrunn, Germany**

„I have been suffering from arthrosis for a long time. Especially the left shoulder and the left arm were giving me troubles. Every move was very painful.

Massages, injections and pain killers did not help very much. I needed surgery badly. The date was set for November 6th, 2006.

One week prior to that, I traveled to Hungary for therapeutic baths and mud baths, which unfortunately did not ease the pain, either.

Due to a bad cold, I had to cancel the date for surgery at short notice. It was adjourned until the end of January 2007.

At the beginning of January 2007 I received treatments with algonix at medilab in Estenfeld. After only two treatments the pain resolved, I could move both my shoulder and arm well and without any pain.

Thanks to algonix the surgery was obsolete. It needed only two treatments for me to be able to move without any pain, and this fortunate condition has lasted ever since.”

**Reinhard Sprenger, 58 years, Gerbrunn, Germany**

„In 2006 I experienced increasing pain in both of my knees. After practicing sports (skittles) it took more and more time until I could move again without being in pain. In early 2007 I saw an orthopedic specialist in the city of Wuerzburg, who diagnosed me with advanced arthrosis in both knees.

Towards the end of April a friend drew my attention to the algonix treatment and she suggested giving it a try. From May to August 2007 I received about ten treatments, after which I was able to move again with hardly any difficulty.

My troubles with walking and especially getting up after long periods of sitting down, which was hard before, are now nearly gone. Even relatively frequent dancing does not cause problems any more. Only changing weather and the strain of long walks still cause pain, which however subsides after a relatively short rest. The time I invested in these treatments really paid off.”

**Rita Murr, Lebanon**

“Concerning George’s foot, it has been fine ever since your last treatment and hasn’t been swollen since last may. Thank you very much, and now we are more convinced in algonix. I wonder how long the treatment will last but you certainly did a miracle. Thank you very much.”

**Rod St. Godard, 56 years, Surrey B.C, Canada**

“My name is Rod St. Godard. I’m a 56 blue collar worker and live in Surrey B.C., Canada. My experience with the algonix was positive and I would like to share this positive experience with others.

I’ve experienced low back pain on and off for years. I am an active worker, husband, and grandfather, and want to remain such as I age. I’ve tried to maintain normal activity levels but due to soft tissue pain my mornings are slow and I cannot always maintain normal activity. As an example, I formerly needed assistance with putting my shoes on due to morning stiffness and back pain. I’ve also experienced what is commonly known as golfer or tennis elbow: Discomfort/pain in both elbows caused from 32 years of turning valves as refinery operator. I’ve previously been disabled to the point where I could not lift my 26 pound dog and hike him into my truck. In an attempt to eliminate pain I’ve used muscle relaxants and pain killers, both provided relief but only on a temporary basis, and as you know medications come with side effects.

It was brought to my attention that .algonix treatment may benefit me. I gave it a try... I had nothing to lose. I received three initial back treatments over 2 months and one follow up treatment after 2 weeks. To my pleasure all stiffness and pain were gone. I literally felt like I had been given a new back.

I had a total of 7 treatments on both my elbows over approximately a 3 week period. The result was an close to a 90% decrease in symptoms. After a couple weeks recovery my elbow pain was completely gone and the strength in my arm returned. I would not hesitate to recommend this fantastic treatment.”

**Ed Sailer, 65years, Chilliwack, BC, Canada**

“About 55 years ago I was operating a piece of equipment on which the engine stopped running. This motor did not have a self starter so I had to use a crank. The engine finally started after about 20 minutes, I was extremely warm and did not have adequate clothing to cover my upper arm and shoulder. Consequently I have an arm and shoulder that over the years has become progressively more painful. Two weeks ago, I had one algonix treatment and was able to lift my arm to 75 % of its normal use pain free. I fully intend to have other treats very shortly, which I am sure will bring back normal pain free use of my arm and shoulder. I highly recommend algonix as an effective pain relief process.”

**Katherine Sailer, 64years, Chilliwack, BC, Canada**

“Approximately three years ago I experienced an injury to my lower back which affected my sciatic nerves. This, over the past two years, has caused severe pain in my left leg. I have been treated with algonix and find that I have better circulation in my leg and much less pain. With further algonix treatment, I am confident that the nerves will continue to heal and leave me pain free. “

**Wendy Kits, 40years, Burnaby, B.C., Canada**

“Having experienced a sideways whiplash from a car accident I had six years ago, I would at times be unable to move my right shoulder. One such time I was recommended to try algonix. I received two treatments over a two day period. Since the treatments over a year ago, I will sometimes have tightness in my shoulder, but have not had the pain and immobility that I had before the algonix treatment.”

**Gill Huyton, Hertfordshire, England**

"Having had severe back pain from three prolapsed discs I didn't believe anything could help with the pain, but how wrong could I have been. After the first 20 minute treatment I didn't feel any improvement, but later that evening I caught myself bending down to pick something off the floor and to my astonishment the pain was minimal. I hadn't even been able to bend that far for the last 2 years. Subsequent treatments have meant that I now have effective pain management and I no longer need to undergo major surgery!"